

Why Why | How How

Purpose

To challenge a group to think critically and articulate why a stated value, topic or idea is important to them and subsequently determine how to put it into effect or “make it happen.”

Part 1: “Why Why” Directions

With a partner in small group,

Round 1

Introduce yourself as needed. Agree on who will be the “first person” and who will be the “second person.” Each individual silently recalls one of the values, topics or insights from community building exercise (or other previous exercise).

- First person briefly shares one sentence about her value or insight.
- Second person asks, “Why is that?”
- First person responds to “Why is that?”
- Second person asks, “Why is that important to you?”
- First person answers.
- Second person asks, “And why is *that* important to you?”

Time: 5-7 minutes.

Round 2

Reverse roles.

Repeat exercise.

Round 3

Partners share with each other: “How was it to think deeply about your commitment to United Methodist Women?”



United
Methodist
Women

FAITH • HOPE • LOVE IN ACTION

Part 2: “How How” Directions

With new partner,

Round 1

Introduce yourself as needed. Agree on who will be the “first person” and who will be the “second person.” Each individual silently recalls one of the values that she wants to celebrate now and *150 years from now*.

- First person shares her value that she would like celebrate now and in the future.
- Second person asks, “How will you ensure that this will be around 150 years from now?”
- First person responds, in one sentence, to how she will ensure this.
- Second person asks, “How will you make that happen?”
- First person answers in one sentence.
- Second person asks, “How will you carry that out?” or “How will you make that happen?”

Time: 5-7 minutes.

Round 2

Reverse roles.

Repeat exercise.

Time: 5-7 minutes.

Round 3

Discuss together how it was to ask and answer and to share and challenge one another’s ideas.