

United Methodist Women's engagement in the prayer ministry for General Conference 2016 is in full swing with the arrival of the first quilted finger labyrinths following the appeal distributed in October. As a reminder, one of our UMW prayer ministry activities planned is to offer quilted finger prayer labyrinths for delegates and guests.

We are actively seeking UMW members that enjoy quilting to assist us by making the finger labyrinths. Do you have women in your conference, district or local units who would like to help by volunteering to quilt finger prayer labyrinth squares for the delegates and guests? We need 2,000 and the variety of labyrinths made by women from all over the country will bless the recipients and lend to the support and outreach we hope to extend. Attached is a pattern and picture for the finger labyrinths. Each labyrinth will be tagged with a card identifying that the labyrinth is "handmade with love and prayer by United Methodist Women".

Please circulate this request and the attached pattern among the UMW with whom you have contact. Share that anyone interested in quilting the finger prayer labyrinth squares should email GCprayer@unitedmethodistwomen.org with an estimate of how many they might be able to make. Labyrinths are to be shipped by January 15, 2016 to:

Brooks Howell Home
Attn: GC Prayer Ministry
266 Merrimon Avenue
Asheville, NC 28801

If there are questions, email me at GCprayer@unitedmethodistwomen.org.

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### **Quilt Hand-Labyrinth Instructions**

#### **Materials:**

8 ½" x 8 ½" quilt top fabric  
8 ½" x 8 ½" batting  
10 ½" x 10 ½" quilt backing fabric  
Labyrinth pattern (found below)  
Contrasting thread for machine-quilting the design

Center quilt top fabric (face up), batting, and quilt backing (face down). Baste or pin together, leaving 1" surplus of quilt backing around all edges.

Center the paper design (face up) on right side of the quilt top and pin or baste the paper pattern to the three layers. Or, you can trace the design on the right side of the top fabric.

Using a straight stitch, sew all four pieces together, following the labyrinth design, being sure to stitch all circuits of the design. Shortening the stitch length on your machine will help the paper tear away more easily.

Tear-away the paper pattern.

Using a satin or tight zig-zag stitch, retrace the entire labyrinth design on the straight stitch path.

Finish edges. Begin with corners, folding the backing over itself at 45 degree angles toward the quilt top, covering raw corners. Stitch each mitered corner in place. Then, fold the backing of each of the four sides in half way, then fold again, over the raw edge. Finish with a ¼"-3/8" seam allowance.